GOALIE TRAINING TOPICS

Open to Recreation and Travel Players | Fall 2017

Age Group Goalie training

Season Topics

Tactical sessions:

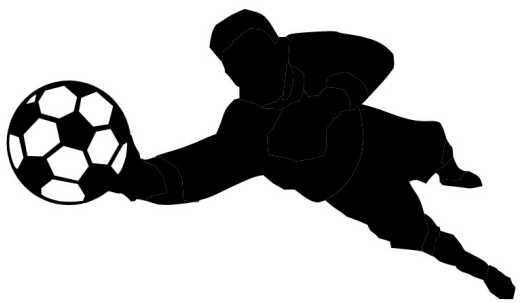
1 v 1, breakaways
angles/positioning
communication
distribution
crosses
Back passes
Corners

Technique will include:

footwork
Handling
diving
positioning

Coach Amy

- NSCAA GK level II license
- "D" license
- NCAA, Division I goalkeeper, Univ of Kentucky & Arizona State Univ
- Team GK trainer for BAC
- Personal GK Trainer

- *Exceptional knowledge of technique and tactics.*
- *Great rapport with players*
- *Skillful and experienced coach*
- *able to demonstrate prop-*

Friday's South Run 4 -
U9-U12 5:15 - 6:15
U13 + 6:30 - 7:30